General Indecisiveness versus Specific Indecision and Their Relationship to Self-Esteem

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Often times, there are instances where making certain decisions are harder than others. One may think that a person who has trouble deciding in one area should also be indecisive across a broad spectrum of situations. This study intended to test the validity of this statement using girls in their final year of secondary school. The study sought to determine the correlation between general indecisiveness and specific indecision, in this case, choosing a college major, and the correlation between decision making and self-esteem. It was hypothesized that students with high self-esteems would generally be more decisive than students with low-esteems and the correlation between a person's general indecisiveness and specific indecision would be high. Participants were asked to complete a survey that evaluated their general indecisiveness, specific indecision, and self-esteem. After all data was collected, the correlation coefficients and the coefficients of determination were calculated. The correlation between general indecisiveness and self-esteem was 0.7096. The correlation between specific indecision and self-esteem was 0.6027. The correlation between general indecisiveness and specific indecision was 0.637. The study showed that the strongest correlation occurred between general indecisiveness and self-esteem. As for the correlation between general indecisiveness and specific indecision, there was a moderately strong relationship. There was a definitive trend of individuals with higher self-esteems evaluating themselves as decisive people. It was later acknowledged that there are many other factors that could be taken into consideration in this study that, when included, may change these results.

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