## **Evaluation of Herbal Product for Cure of Hemorrhoids**

## Minahil, Syeda

Hemorrhoids is the medical name for piles. They are the pillow like clusters of veins that lie just beneath the mucus membranes lining the lowest part of the rectum and the anus. Hemorrhoids is a common problem among people usually lacking fibers in their diets and also due to the prolonged constipation. Almost every adult in a country eventually develop hemorrhoids - half of us have them by age 50. It is now estimated that over 25 million Americans are affected where as in Pakistan 25% of population is suffering from hemorrhoids. One day as I was searching about different diseases in Pakistan I came to know that atleast one family member of almost every family suffers from this painful disease in Pakistan. I concluded that a medicine should be made for this disease so that a person should be safe from any type of expensive surgery. Curcuma zedoaria and Cassia absus are the herbs that are effective and helps in prevention and cure of hemorrhoids. The herbs are used for different medical purposes in different parts of the world. Usually found in tropical region. Cassia absus is very helpful in healing the wounds or painful urination etc while Curcuma zedoaria is also used against scarps repairing damaged tissues. Curcuma zedoaria and Cassia absus are those harmless ingriedients that if they are mixed according to fix ratio they can safely cure Hemorrhoids without risks.

## Awards Won: