The Studying Habits of Twelfth Grade Student of a School in the Southeast of Puerto Rico

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A studying habit, “It is the set of good practices or behaviors that a student constantly practices adding understanding to that field of knowledge allowing success in studies.” The way in which the human being studies has to do with the type of intelligence that prevails in that person. This research seeks to recognize the study habit in twelfth grade students at a school in the southeast of Puerto Rico. It aims to be able to provide clarity to students so that they can change those habits for future improvement. The problem of this research is, do the twelfth-grade students at a school in the southeast of Puerto Rico have a good studying habit? The hypothesis formulated is if the twelfth-grade students at the school in the southeast of Puerto Rico are surveyed, then it will be known that they do not have a good study habit. The methodology of this research begins by making a survey of 14 questions. Then, they were verified by a qualified scientist. When the questions were approved, a sample of students was chosen, and the survey was given to them. After analyzing the data, the hypothesis was rejected since the students presented a moderate studying habit. In conclusion, most students spend an average of 1-2 hours (70%), use study methods (80%) and most of them would like to improve their habits (95%). This research can help in the future to create a better technique for students to learn in an easy and comfortable way.

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