# Obesity in Adults, Sedentary Lifestyle and Technology

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Based on the curiosity generated by students experiences in the city of Young regarding obesity; The initiative to carry out an investigation emerged. The purpose of this project is to test if there is a relation between both aspects. If the excessive use of technologies increases or influences the sedentarism and therefore on weight along with obesity in the adult inhabitants that are between 25 and 75 years of age belonging to the locality. The expectations in this respect are to verify the hypotheses developed and in turn to comment to the population so that it has in mind the risks that produces the obesity in the people.

**Awards Won:**